

**MENTAL HEALTH &  
WELLBEING WORKSHOPS**

**REFERRAL AND  
ADVOCACY SERVICES**

**SUPPORT FOR CHILDREN,  
YOUNG PEOPLE AND  
FAMILIES**

**INFORMATION &  
ADVICE SERVICE**

# **DAY-MER CHILDREN AND YOUNG PEOPLES' MENTAL HEALTH SERVICE**



**MORE INFO:**

**DAY- MER  
TURKISH AND KURDISH COMMUNITY CENTRE  
16 Howard Road, N16 8PU**

**Gul Nihal Dursun  
Phone: 02072758440, WhatsApp: 07757690691,  
info@daymer.org www.daymer.org**

**Are you a parent living in Enfield  
or Islington who needs mental  
health support for your child?**

**Do you need information  
and guidance on  
children's and young  
people's mental health?**

**You are not alone,  
contact us for  
support!**



 **compass wellbeing**

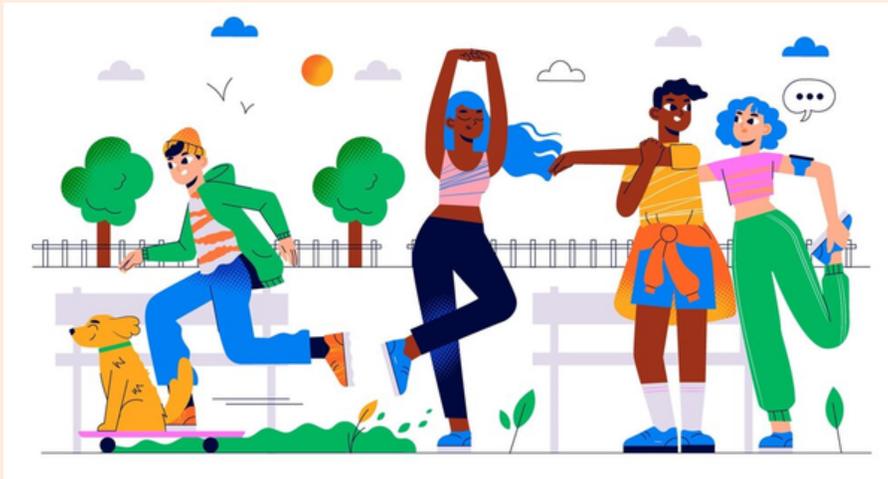
## DAY-MER CHILDREN AND YOUNG PEOPLES' MENTAL HEALTH SERVICE

DAY-MER Children and Young Peoples' Mental Health Project aims to support children, young people and families from Turkish, Kurdish and Turkish Cypriot communities in Islington and Enfield who are experiencing unmet mental health and wellbeing needs.

We provide direct assistance to help children, young people and their families navigate mental health services. This includes support with referrals, understanding available services and managing access to care.

Through community engagement activities like coffee mornings, informational sessions and mental health workshops, we create safe spaces for conversations.

We foster collaboration between community groups, statutory services and local agencies to improve access to culturally appropriate mental health support and empower communities to advocate for their needs and shape future services.



**We aim to empower individuals, strengthen community connections and create a more inclusive and culturally responsive mental health system.**